

Alergeny reagujące krzyżowo

Sprawdzone w teście zahamowania RAST, Immunoblot, na podstawie danych z literatury



ROZTOCZA

- | | | | |
|---|-------------------------|---|----|
| 1 | Roztocza spizarniane | 2 | |
| 2 | Roztocza kurzu domowego | 1 | 53 |



PYŁKI

- | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|----|--|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 3 | Brzoza | 4 | 5 | 6 | 7 | 9 | 10 | 11 | 14 | 15 | 16 | 21 | 22 | 23 | 24 | 25 | 26 | 28 | 33 | 34 | 35 | 36 | 37 | 39 | 40 | 42 | 43 | 44 | 45 | 47 |
| 4 | Buk | 3 | 6 | 9 | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 5 | Dąb | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 6 | Olcha | 3 | 4 | 9 | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 7 | Jesion | 3 | 8 | 11 | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8 | Bez | 7 | 11 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 9 | Leszczyna | 3 | 4 | 6 | 47 | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10 | Kasztan | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 11 | Drzewo oliwne | 3 | 7 | 8 | 15 | 16 | 20 | | | | | | | | | | | | | | | | | | | | | | | |
| 12 | Topola | 13 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 13 | Wierzba | 12 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 14 | Rzepak | 3 | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 15 | Trawy/Zboża | 3 | 11 | 14 | 16 | 20 | 21 | 22 | 24 | 27 | 35 | 37 | 38 | 49 | 50 | 57 | | | | | | | | | | | | | | |
| 16 | Bylica | 3 | 11 | 15 | 17 | 18 | 19 | 20 | 21 | 22 | 24 | 26 | 31 | 33 | 35 | 37 | 39 | 40 | 41 | 42 | 43 | 44 | 45 | 46 | 47 | 57 | | | | |
| 17 | Ambrozja | 16 | 18 | 21 | 27 | 35 | 57 | | | | | | | | | | | | | | | | | | | | | | | |
| 18 | Rumianek (również w herbacie i lekach) | 16 | 17 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 19 | Złocień | 16 | 20 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 20 | Słonecznik (również ziarna) | 11 | 15 | 16 | 19 | | | | | | | | | | | | | | | | | | | | | | | | | |



POKARMY

- | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|----|--------------------------------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| 21 | Owoce pestkowe (Jabłko, Gruszka) | 3 | 15 | 16 | 17 | 22 | 34 | 35 | | | | | | | | | | | | | | | | | | | | | | |
| 22 | Owoce pestkowe (Śliwka, Brzoskwinia) | 3 | 15 | 16 | 21 | 46 | 57 | | | | | | | | | | | | | | | | | | | | | | | |
| 23 | Banan | 3 | 24 | 27 | 30 | 57 | | | | | | | | | | | | | | | | | | | | | | | | |
| 24 | Kiwi | 3 | 15 | 16 | 23 | 30 | 47 | 49 | 51 | 52 | 57 | | | | | | | | | | | | | | | | | | | |
| 25 | Lychee | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 26 | Mango | 3 | 16 | 33 | 35 | 57 | | | | | | | | | | | | | | | | | | | | | | | | |
| 27 | Melon | 15 | 17 | 23 | 32 | 33 | 35 | 57 | | | | | | | | | | | | | | | | | | | | | | |
| 28 | Pomarańcza | 3 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 29 | Papaja | 57 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 30 | Awokado | 23 | 24 | 57 | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 31 | Groch | 16 | 46 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 32 | Ogórek | 27 | 33 | 35 | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 33 | Marchewka (surowa) | 3 | 16 | 26 | 27 | 32 | 35 | | | | | | | | | | | | | | | | | | | | | | | |
| 34 | Ziemniak (surowy) | 3 | 21 | 57 | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 35 | Seler | 3 | 15 | 16 | 17 | 21 | 26 | 27 | 32 | 33 | 40 | 42 | 43 | 44 | 45 | | | | | | | | | | | | | | | |
| 36 | Soja | 3 | 46 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 37 | Pomidor | 3 | 15 | 16 | 21 | 35 | 46 | 57 | | | | | | | | | | | | | | | | | | | | | | |
| 38 | Cebula | 15 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 39 | Anyż | 3 | 16 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 40 | Curry (Mieszanka przypraw) | 3 | 16 | 35 | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 41 | Koper | 16 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 42 | Papryka | 3 | 16 | 35 | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 43 | Pieprz | 3 | 16 | 35 | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 44 | Kminek | 3 | 16 | 35 | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 45 | Kolendra | 3 | 16 | 35 | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 46 | Orzech ziemny (Arachid) | 16 | 22 | 31 | 36 | 37 | 57 | | | | | | | | | | | | | | | | | | | | | | | |
| 47 | Orzechy | 3 | 9 | 16 | 24 | 49 | 51 | 52 | | | | | | | | | | | | | | | | | | | | | | |
| 48 | Kasztan jadalny | 57 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 49 | Mąki (Żyto, Pszenica, Owies) | 15 | 24 | 47 | 50 | 51 | 52 | | | | | | | | | | | | | | | | | | | | | | | |
| 50 | Ryż | 15 | 49 | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 51 | Sezam | 24 | 47 | 49 | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 52 | Mak | 24 | 47 | 49 | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 53 | Skorupiaki | 2 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 54 | Mięso wieprzowe | 60 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 55 | Żelatyna | 58 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 56 | Jajko kurze | 61 | | | | | | | | | | | | | | | | | | | | | | | | | | | | |



INNE

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|----|----------------------|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 57 | Lateks | 15 | 16 | 17 | 22 | 23 | 24 | 26 | 27 | 29 | 30 | 34 | 37 | 46 | 48 | 59 |
| 58 | Płyn osoczozastępczy | 55 | | | | | | | | | | | | | | |
| 59 | Fikus | 57 | | | | | | | | | | | | | | |
| 60 | Sierść kota | 54 | | | | | | | | | | | | | | |
| 61 | Pióra | 56 | | | | | | | | | | | | | | |

● często
● możliwe